

Camp Cedarbrook[™] in the **Adirondacks**

Work Weekend Sample Schedule 2009

FRIDAY

5:30 PM

DINNER (reserve ahead)

7:00-10:00 pm

Check-in at dining hall — receive housing assignments

SNACKS available

SATURDAY

8:00 am

BREAKFAST

- Work projects are assigned
- Upon completion of assigned project, return to the dining hall for additional assignments as desired.

8:30 am

Work assignments

10:30 am

Break — SNACK at work site

1:00 pm

LUNCH

1:30—5:30 pm

Work Assignments

6:00 pm

DINNER

6:30—8:30 pm

Free Time

8:30 pm

ICE CREAM PARTY

11:00 pm

Quiet curfew

SUNDAY

8:30 am

BREAKFAST

9:30 am

Worship Service

10:30 am

Work Assignments (or day of rest)

12:30 pm

LUNCH

1:00 pm

Cleanup and Departure

Three-Day Work Weekend

SUNDAY

1:00—3:30 pm

Work Assignments (or day of rest)

3:30—5:30 pm

Free Time—swimming and boating available

6:00 pm

DINNER

6:30—8:30 pm

Free Time

8:30 pm

SNACKS in dining hall

11:00 pm

Quiet curfew

MONDAY

8:30 am

BREAKFAST

9:00 am

Finish work assignments

10:30 am

SNACK at work site

12:30 pm

LUNCH

1:00 pm

Cleanup and Departure