

*Review the list of activities provided with your daughter(s) and complete the form below. All members of the family stay together for activities. Everyone in your group must be the appropriate age to participate in the activity. (For example, to sign up for .22 Riflery, your daughter(s) must be at least 12 years old.)*

*Please return choices as soon as possible (at least one month prior to your session). Activity choices are awarded on a first-come-first-serve basis. If you would like to register for activities with one other family, please return your choices in the same envelope.*

## We are registered for:

**Mother/Daughter Weekend** June 25–June 27, 2010

**Father/Daughter Weekend** August 13–15, 2010

PARTICIPATING  
PARENT'S NAME

PARTICIPATING DAUGHTERS

CHILD'S FULL NAME

GRADE FINISHED IN JUNE 2010

DATE OF BIRTH

CHILD'S FULL NAME

GRADE FINISHED IN JUNE 2010

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GRADE FINISHED IN JUNE 2010

DATE OF BIRTH

**Please return this form to the registrar:**

**Camp Winter Address until June 15**

Camp Cedarbrook in the Adirondacks  
Nadine Jascor  
11 Lake Shore Drive – 2D  
Watervliet, NY 12189  
TELEPHONE: (518) 608-6800  
E-MAIL: office@campcedarbrook.net

**Camp Summer Address after June 15**

Camp Cedarbrook in the Adirondacks  
59 Davignon Road  
Corinth, NY 12822  
TELEPHONE: (518) 654-6262  
FAX: (518) 654-7560  
E-MAIL: office@campcedarbrook.net

## Our Activity Choices:

**DIRECTIONS:** Number your activity choices in priority order from 1 to 8.

\_\_\_\_\_ **Archery** (Girls must have completed Grade 3)

\_\_\_\_\_ **Canoeing**

\_\_\_\_\_ **Climbing Wall**

\_\_\_\_\_ **Crafts**

\_\_\_\_\_ **Creative Worship** (M/D only)

\_\_\_\_\_ **Drama**

\_\_\_\_\_ **Fishing**

\_\_\_\_\_ **Fun with Kayaks**

\_\_\_\_\_ **Hiking**

\_\_\_\_\_ **Lessons from a Horse** (M/D only)

\_\_\_\_\_ **Low Ropes and Initiatives**

\_\_\_\_\_ **Mother/Daughter Soccer Game**

\_\_\_\_\_ **Nature Explorer**

\_\_\_\_\_ **Orienteering** (Girls must have completed Grade 2)

\_\_\_\_\_ **Outdoor Cookery**

\_\_\_\_\_ **Pocket Knives** (Girls must have completed Grade 2)

\_\_\_\_\_ **.22 Riflery** (Girls must be at least 12 years old at the time of the session.)

\_\_\_\_\_ **Water Fun**

*Review the list of activities below with your daughter(s)  
and indicate your activity choices on the form.*

## **Archery**

**Girls must have completed Grade 3.** Supervised by a trained instructor, all participants learn safety procedures. Skilled instruction in the correct use of a bow and arrow. Equipment provided.

## **Canoeing**

**For all ages.** Supervised by a trained lifeguard/instructor, all participants learn safety procedures. Paddling instruction provided as needed. One couple/family per canoe.  
**All canoers, regardless of age, must wear life jackets.**

## **Climbing Wall**

**For all ages.** Supervised by a trained instructor, all participants use safety harnesses and helmets while climbing a 24-foot man-made climbing wall. **All climbers must wear long pants.**

## **Crafts**

**For all ages.** Parent/daughter teams work together on a special craft project.

## **Creative Worship** (Mother/Daughter only)

**For all ages.** Worship God through the use of singing, tambourines, sticks, and flags.

## **Drama**

**For all ages.** Parents and daughters participate in various acting and performance exercises.

## **Fishing**

**For all ages.** Enjoy some time fishing with your daughter on our 45-acre lake. Catch and release with minimal instruction. Poles and bait are provided.

## **Fun with Kayaks**

**For all ages.** Supervised by a trained lifeguard/instructor, participants learn safety procedures. Paddling instruction provided as needed. One and two person kayaks available.  
**All kayakers, regardless of age, must wear life jackets.**

## **Hiking**

**For all ages.** Participants hike around the lake or on various other paths and trails around camp.

## **Lessons from a Horse** (Mother/Daughter only)

**Girls must have completed Grade 7.** Participants explore trust in their mother/daughter relationships and personal relationships with God through activities with one another and with horses. This is NOT a riding activity; participants will watch horses and do a special activity with a horse. All participants must wear boots and long pants.

## **Low Ropes and Initiatives**

**For all ages.** Supervised by a trained instructor, participants learn new skills, test their courage, and learn to work together to solve problems. All participants must wear long pants.

## **Mother/Daughter Soccer Game**

**For all ages.** Which team will triumph? The mothers with their years of experience? Or the daughters with their youthful energy? Put your skills (or lack thereof) to the test on our soccer field. This relaxed soccer game will give you memories to share—and laugh about!

## **Nature Explorer**

**For all ages.** Participants explore the wonder of God's creation through hands-on activities, such as games, nature walks, and craft projects.

## **Orienteering**

**Girls must have completed Grade 2.** Participants learn to use a compass, read a map, and lay a trail.

## **Outdoor Cookery**

**For all ages.** Participants learn about types of wood and various fire-building techniques, and then build fire and cook a snack.

## **Pocket Knives**

**Girls must have completed Grade 2.** Learn how to use a pocket knife and then make a whistle or other craft.

## **.22 Riflery**

**Girls must be at least 12 years old at the time of the session.** Supervised by a certified instructor, participants learn safety procedures and how to handle a rifle properly, and then shoot at paper targets. Ear and eye protection are provided. Rifles and ammunition supplied.

## **Water Fun**

**For all ages.** Play group water games under the supervision of a lifeguard. Most games played in shallow water.